

PALLIATIVE PERFORMANCE SCALE

%	Ambulation	Activity and Evidence of Disease	Self-Care	Intake	Conscious Level
100%	Full	Normal activity; No evidence of disease	Full	Normal	Full
90%	Full	Normal activity; Some evidence of disease	Full	Normal	Full
80%	Full	Normal activity with effort; Some evidence of disease	Full	Normal or reduced	Full
70%	Reduced	Unable normal job/work; Some evidence of disease	Full	Normal or reduced	Full
60%	Reduced	Unable hobby/house work; Significant disease	Occasional assistance necessary	Normal or reduced	Full or confusion
50%	Mainly sit/lie	Unable to do any work; Extensive disease	Considerable assistance required	Normal or reduced	Full or confusion
40%	Mainly in bed	Unable to do any work; Extensive disease	Mainly assistance	Normal or reduced	Full or drowsy or confusion
30%	Totally bed bound	Unable to do any work; Extensive disease	Total care	Reduced	Full or drowsy or confusion
20%	Totally bed bound	Unable to do any work; Extensive disease	Total Care	Minimal Sips	Full or drowsy or confusion
10%	Totally bed bound	Unable to do any work; Extensive disease	Total Care	Mouth care only	Drowsy or coma
0%	Death				

Anderson, Fern et al. (1996) *Palliative Performance Scale (PPS) a new tool.*<u>Journal of Palliative Care</u> 12 (1), 5-11

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