

35 YEARS NEW

Compassionate Connections

through Talbot Hospice

October 2015

Welcome to our new newsletter. As we move into the future, we see Talbot Hospice as the leader of *Compassionate Connections* in our community. We envision this publication as more than a newsletter but a thought provoking quarterly to initiate conversations about life and death.

Talbot Hospice Appoints Five New Board Members

Five new members were recently appointed to the Board of Directors at Talbot Hospice. They include Childlene Brooks, Kevin Cross, Kathy Foster, Emilie Joshi and Sheila Monahan.

“We are pleased to welcome this distinguished group of community leaders to our Board,” said Susan Piggott, President of the Board of Directors. “Each of them brings diverse talents and experience as well as passion and commitment to our mission.”

Reverend Kevin Cross has served as rector of Holy Trinity Church in Oxford since 2010. Previously, he was Priest-in-Charge for two years at St. George's Anglican Church in McAdam, New Brunswick, Canada. He holds a Master's in Divinity and a Master's in Social Work. He has been published and has designed and presented several workshops on the topic of addiction, recovery and spiritual care of adolescents. He currently serves as Deputy to the 2015 General Convention of the Episcopal Church and on the chaplaincy at the National Cathedral in D.C.

Kathy Foster, one of the original founding members of Talbot Hospice Foundation, recently retired from the Talbot County Health Department where she worked for 34 years, including serving as Health Officer for Talbot County and Director of Community Health Nursing. Foster was a Faculty



Childlene Brooks

Rev. Kevin Cross

Kathy Foster

Emilie Joshi

Sheila Monahan

Childlene Brooks is the manager of Talbot County Senior Center's Brookletts Place where she has worked since 2011. Previously she worked for the Talbot County Health Department for 17 years as a procurement associate for the State. Her volunteer service has included Bay Hundred Community Volunteers, CASA of the Mid-Shore, Family & Friends of Asbury & Green Chappel, Frederick Douglass Honor Society, Habitat Choptank, Hugh Gregory Gallagher Theatre, Talbot County Branch NAACP, Bright With Pride Temple #1375 of the Improved, Benevolent and Protective Order of the Elks of the World.

Associate in the Department of Policy and Management at Johns Hopkins University Bloomberg School of Public Health and at University of Maryland School of Nursing. Her volunteerism includes Talbot County Drug Coalition, Teen Drug and Alcohol Abuse Prevention Program for Talbot County, Eastern Shore of Maryland Regional Education Planning Committee, Talbot County Emergency Preparedness Committee, Mental Health Association of Talbot County, Talbot County Mental Health, Alcohol & Drug Advisory Committee, Upper Shore Aging, Neighborhood Service

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BOARD OF DIRECTORS

Susan L. Piggott *President*
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Patricia Roche *Treasurer*
J.T. Smith II *Secretary*

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Rev. Kevin M. Cross
Hynda Brody Dalton
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Kathleen H. Foster
James C. Gieske, MD
Emilie Joshi
Cece Z. Koons
John R. Mercer
Sheila B. Monahan
Joyce R. Philip
W. Lee Phillips
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Alice D. Rogers, RN, MScN
Diane Rohman
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Bereavement Coordinator

Lori Lantz
Director of Volunteer Services

Lisa May MSW, LCSW-C, CT
Director of Family Services

Susan Oross, MBA
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Caron Pons
Associate Director of Development

Lisa Rizia, RN
Intake & Home Care Manager

Anne Shannahan, RN
Compliance Officer

Michael Tooke, MD
Medical Director

Wendy VanNest
Director of Pathways

*Photos by Melissa Grimes-Guy: front
and back cover, pages 9 and 11*

Center, Talbot Early Head Start Program, Talbot Multicultural Committee, Talbot Family Network, Mid-Shore Mental Health Systems, and Business & Professional Women's Association.

Emilie Joshi has been a resident of Talbot County since 2003 when she moved with her husband and two children from Massachusetts. After attending George Washington University, Joshi worked for Merrill Lynch for more than 10 years in the areas of trust and estate taxation, statement quality assurance, and business financial planning. She currently serves on the boards of the Talbot Historical Society and the University of Maryland Shore Regional Health's (Easton Memorial) Auxiliary board, and is a past member of The Country School Parents' Association board. Joshi has been a volunteer caregiver at Talbot Hospice House and at Shore Health's Same Day Surgery department for more than 10 years.

Sheila Monahan has been a resident of the Eastern Shore since 1995 and a Talbot Hospice volunteer since 1998. She first worked as a patient caregiver in the Guest Wing until 2013, and then as a Doula volunteer. Monahan co-chaired the Talbot Hospice Gala in 2011 and 2015 and worked on a part-time basis as the Development Coordinator with Talbot Hospice. She has worked as a realtor since 1999 and is currently with Chesapeake Bay Properties in Easton.

Leaving the board are Maxine Millar, Sandra Redd and Mary Wolfe. Piggott said, "These women have been tireless ambassadors for Talbot Hospice during their board tenure, and we have been fortunate and honored to benefit from their time and talents as they helped shepherd Talbot Hospice through the past few years of extraordinary transformation."



Talbot Hospice

Why Giving is Important

Since 1981 Talbot Hospice has relied on financial support from the community to ensure that its programs and services are provided with excellence and compassion. You, too, can help make a difference in the lives of those facing challenges at the end of life. Talbot Hospice depends on charitable gifts to be able to assist the needs of all of our patients and families. Although Talbot Hospice now receives Medicare reimbursement, it does not cover all the costs associated with our services. Our 501(c)(3) nonprofit status remains the same, and contributions continue to make up a significant portion of our budget allowing us to provide services beyond what is covered by Medicare.

In addition to the skilled clinical care we provide, we offer compassionate support and services without charge, including:

- Bereavement services for all members of our community, including children
- Spiritual support for patients and families
- 350 dedicated, professionally-trained volunteers
- The Eleanor A. Koons Hospice House. No one is ever turned away due to financial circumstance.
- Honoring Veterans at the end of life.

We hope you will partner with us in this wonderful mission to help make a difference in the end-of-life experience for the patients and families we serve. For questions, or to make a gift, please visit our website talbothospice.org or contact the development office:

Kate Cox, Director of Development, kcox@talbothospice.org
Caron Pons, Associate Director of Development, cpons@talbothospice.org

We proudly announce the opening of
our newly expanded

Eleanor A. Koons Hospice House and
the Clark-Guthrie Center



The public is invited to tour

Tuesday, October 20, 11 a.m.–12 noon

Thursday, October 22, 4–5 p.m.

Monday, October 26, 11 am–12 noon

Wednesday, October 28, 4–5 p.m.

586 Cynwood Drive, Easton, MD

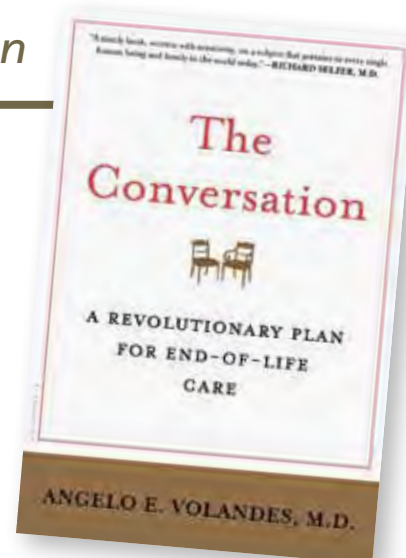
R.S.V.P. 410-822-6681 or slicata@talbothospice.org
to reserve a place on a tour

Talbot Hospice presents
DR. ANGELO VOLANDES,
author of
The Conversation

Thursday,
March 31, 2016
6:30 p.m.

The Avalon Theatre
Easton, MD

Admission is free and
open to the public



~ SAVE THE DATES ~

TALBOT HOSPICE MEMORIAL *Walk*

at Oxford Day
Saturday, April 23, 2016
8 a.m.

Walk 5K in memory
or in honor of a loved one.

Barn Dance

Saturday,
April 30, 2016
6 p.m.
Kirby Wharf Farm
Trappe, MD





Engraved Bricks *and* Memorial Plaques

Celebrate the life of someone dear to you by purchasing an engraved brick for our walkway or a plaque to be placed on our Memorial Wall. In *honor of* or *memory of* a loved one, your gift provides needed support so that we may continue to maintain the high standards of comfort, support and care at Talbot Hospice. Visit talbothospice.org to order online or complete this form.

Standard Brick (4" x 8") \$100, 3 lines, 16 characters per line
What would you like your brick to say?

Plaques (16" x 16") \$500, 12 lines, 20 characters per line
What would you like your plaque to say?

Name

Address

City

 State

 Zip

Phone

Email

Make check payable to Talbot Hospice and mail to:
586 Cynwood Drive, Easton, MD 21601-3805

I'd like to charge to ☐ VISA ☐ MasterCard

Name as it appears on card:

Credit Card Number

Exp. Date:

 Card Verification #:



Left to right: Sandy Hale, Jackie Wilson and Casey Baynard.

A Message from the Festival 2015 Chairs

It's a Wonderful Life—was inspired not only by the classic Christmas movie but by how lucky we are to live in such a beautiful place. This year's Festival Artist, Sean Wells, perfectly captured our vision of a wonderful life on the Eastern Shore. His original artwork, which will be used for this year's festival, depicts a peaceful winter scene of a waterfront home featuring a workboat aptly named "Mary Zuzu"—sites that are reminiscent of the Eastern Shore.

The three of us have been enthusiastically planning this year's Festival and are excited to share *It's a Wonderful Life* with you! The Festival continues to thrive because of our dedicated board, the volunteers, and our generous community. We are so grateful to the hundreds of people who work countless hours to put these events together and are thankful for the local businesses who year after year generously provide sponsorships, raffle items, and venue locations, all for the success of the Festival.

However, we are celebrating 30 years of the Festival of Trees because of the tremendous participation of our guests. We kicked off the Festival events in August with an extremely successful Drag Race, but we have many more events planned. This year we will have the Festival Fashion Show, Dinner at the Crab Claw, Run/Walk for Hospice, the Preview Party, the Homes Tour, Candy Cane Lane, the Mother Son Dance, the Daddy Daughter Dance, and of course the wonderful display of trees at The Historic Tidewater Inn along with the Christmas Elves Shop.

Please take a look at the Festival Brochure, which is included in this newsletter, for more information about the events. We hope that you will plan to attend at least one of the Festival activities. We are confident that you will enjoy your experience.

Sincerely,
Sandy, Jackie, and Casey

Join the tradition....

Festival of Trees!

Please consider contributing
to benefit Talbot Hospice.

The Festival of Trees includes activities for our entire community and is the largest fundraiser for the Friends of Hospice to benefit Talbot Hospice. Please consider making a donation to the Friends of Hospice to support the very important work that Talbot Hospice carries out.

All sponsors will have their names listed in the Festival program.

Festival Angels: A donation of \$5,000 and above

Festival Starr: \$2,500 Donation

Festival Santa: \$1,000 Donation

Special Elf: \$500 Donation

Special Reindeer: \$300 Donation

Tree Sponsor: Price varies by size (4ft - 10ft) and trees are limited in number. Please call 410-819-3378 (FEST) or email talbotfestival@gmail.com for cost and availability.

Poinsettias: \$25 "In Memory or Honor of" Donation

Help fill the Festival Poinsettia Tree. If you intend to keep your plant at the end of the Festival, it must be picked up by noon on Wednesday, December 2, or it will be donated.

2015 Festival Framed Artwork Raffle: We are privileged to have this year's artwork created by Sean Wells. He was born and raised in Chester County, PA and is currently employed by the James A. Michener Art Museum. Sean spends his weekends in Oxford, MD where he has a studio. His artwork for the festival this year has truly captured the feel of why "It's a Wonderful Life" on the Eastern Shore. Drawing Tuesday, December 1 at 6pm. \$10 per ticket. Need not be present to win.

Westphal Jewelry Raffle: Westphal Jewelers has again designed and donated a William L. Westphal original diamond pendant featuring four princess-cut and 24 fine full-cut diamonds, totalling 0.50 carats set in two-tone 14kt gold. This unique pendant is valued at \$3,200. It will be on display at Westphal Jewelers as well as at Festival events. Drawing Tuesday, December 1 at 6pm. \$100 per ticket; only 100 will be sold. Need not be present to win.

Special Raffle: First prize is a \$1000 gift card for Southwest Airlines. Second prize is a custom-made vintage wood accent table. Third prize is a set of four superior seats to a 2016 Orioles game. Fourth prize is an Eastern Shore Crab Feast. Drawing Tuesday, December 1 at 6pm. \$10 per ticket. Need not be present to win.

30TH ANNUAL

Festival of Trees

Festival Homes Tour



Saturday, November 28
Sunday, November 29

10am to 4pm

A self-guided driving tour of
unique and beautifully
decorated homes
in Talbot County.



Presented by The Friends of Hospice
to benefit Talbot Hospice

30TH ANNUAL
Festival of Trees

It's a Wonderful Life



Preview November 27
November 28-December 1



Presented by The Friends of Hospice
to benefit Talbot Hospice



Cosey View
8348 Ingleton Road, Easton
c. 2008

Owned and presented by
 Brian and Mary Ann Thompson

Cosey View was conceived when a relative of the Thompsons, who live at Cosey Point, was looking for a great place to take photos of the farm. He found one of the few undeveloped lots in Ingleton and was correct that this was the ideal place to view their home across Hunting Creek.

A few years later, in 2008, the Thompsons were able to acquire the property and to conceive and design a home worthy of the view to be used by their extended families who visit Easton often.

Mary Ann and Brian set about planning the house with their builder, John Wade and his associate, artist, carpenter and designer, Barry Winter. The "footprint" was based on a previously approved setting and partial foundation put in place by the previous property owner who had abandoned the project earlier. Using that footprint they developed plans for a New England styled, stone foundation, shingled roof structure with two generous floors with nine-foot ceilings and a nine-foot attic space for storage. This approximately 4,600 square foot house took four years and great care to construct properly to meet the detailed designs of the Thompsons.

They wanted an open sense in the living spaces so built a beautifully functional kitchen with "eat in" island immediately adjacent to the living room, both on the water side of the house looking west. Also on the water side is a complete, mahogany-decked porch from which the classic Easton sunsets can be enjoyed.

The dining room complete with leaded glass windows on the foyer also is open to the main hallway. A unique wine cellar and finished storage under the central staircase is something not to be missed.

There are four bedrooms including two master suites, one on each floor, three full bathrooms and a powder room. a marvelous bonus room



**Residence of Paul Turczynski
 and James Gordon**
5837 Irish Creek Road, Royal Oak
c. 1988

Owned and presented by
 Paul Turczynski and James Gordon

This post-and-beam, modern shore home was re-born from a well-loved and well-used family estate. Once home to a large family, the new owners had a vision for a comfortable mid-century modern escape from DC. Originally constructed in 1988 and set on an eight-acre lot, it was completely renovated in 2012, with extensive pool and patio renovations in 2013 & 2014. The meandering quarter mile driveway, through what was once referred to by a family member as the Enchanted Forest, leads to the outdoor entertainment area. A tennis court, large pavilion, pool, spa, and fire pit provide for classic Eastern Shore outdoor living. As part of the renovation, the pool was converted to salt water, heated and squared off to allow for the addition of an automated pool cover...convenient for both residents and guests. The outdoor shower stall, with hot and cold running water, allows for a quick cleanup before a crab feast under the outdoor pavilion.

The renovation was completed with thoughtful use of recycled / reused / sustainable products with an eye for the organic setting. Inside the front door, a classic split level staircase transitions you to the main floor, where a large bank of windows provide expansive views of Irish Creek. The open floor plan is anchored by a soaring fireplace wall, clad in chipped white stone remnants and exposed beam architecture. The entire main floor is covered with hardwood that was reclaimed and crafted from Maryland tobacco barns, offering a warm, rich patina with tons of character. Varying in color, tone and length they create a casual foundation that allow kids, pets and an occasional crazy uncle to run free. Cabinetry throughout is American-made from sustainable woods and both formaldehyde- and VOC-free. Stone tiles include overages from previous renovations, while recycled glass tiles provide reflectivity, light and peace of mind. The bathroom floors are covered in unique recycled glass pebbles. Furnishings balance antique and

30TH ANNUAL Festival of Trees It's a Wonderful Life Festival Homes Tour

Saturday, November 28, 2015
 Sunday, November 29, 2015
 10am to 4pm

Tickets: Requests for tickets by mail (\$30) must be received by November 20. Advance in-person tickets (\$30) are available until November 24 at the Talbot Hospice House, 586 Cynwood Drive, and at The Tidewater Inn Gold Ballroom from November 23 to November 25, and November 27 until noon. Day-of tickets (\$35) are available only at The Tidewater Inn Gold Ballroom. Tickets are also available online at www/festival-of-trees.org. TICKET SALES ARE LIMITED, SO PLEASE ORDER EARLY.

Attire: Please wear low-heeled shoes for both your own comfort and to protect the floors of our featured homes.

Driving: This is a self-guided driving tour of homes in Talbot County.

Maps: You will receive a map and directions to the homes with your tickets.

Photography: No photography allowed at homes.

Please note: Tickets are only valid for the tour date specified.

Thank you to our Homes Tour families

The Friends of Hospice extend their most sincere gratitude to our Homes Tour families for making their homes available for the tour.

Brian and Mary Ann Thompson, George and Katie Moose, Dan and Christa Kryzstofiak, Paul Turczynski and James Gordon, and Stewart and Sandra Bainum.

ALL HOME PHOTOS BY LINDA W. ELZEY



FOR MORE INFORMATION & TICKETS

www.festival-of-trees.org or 410-819-3378 (FEST)

incorporating six built-in bunk beds for all the grandchildren and a central lounge area amongst the three second floor bedrooms.

The house is a great showcase for art collected from artists in Rhode Island, Connecticut, Oklahoma and Barry Winter, one of Easton's fine local artists, as well as artifacts reflecting New England, international and local maritime and waterman traditions.



Residence of George & Katie Moose **c. 1895**

Owned and presented by
George and Katie Moose

Located in the Easton Historical District, this colonial revival style home was owned by J. William Salmon who purchased the property in 1893 and built the home in 1895. The home was most likely built on the kitchen foundation of Foxley Hall, now located across the street, which sat on 80 acres during the Federal era. A stream was known to come up to the property, which was part of the Tred Avon River. Mr. Salmon's daughter inherited the property and her husband ran a funeral home there until 1948. The property has been apartments and a laundry, but was renovated back to a private home.

The kitchen and garden were designed by a previous owner, but have since been updated. Cookbook author, Katie Moose, has tested many of her recipes in this kitchen. Katie, also well known for her lectures and publications on herbs, grows many herbs in the garden.

Although the interior rooms are furnished in a traditional manner, they reflect the owner's interest in sailing and their Chesapeake Bay and New England heritage. Holiday decorations are readied in time for the annual Christmas tea. This event is greatly anticipated by neighbors and friends who look forward to samples of Katie's many cooking skills. In the parlor, the Christmas tree displays the Moose family history with ornaments collected through the years.



Heronwood **26242 Heronwood Road, Royal Oak**

Owned and presented by
Dan and Christa Kryztofak

c. 1986

Tucked away in the heart of Royal Oak, sits this traditional Tidewater Colonial, which has been extensively remodeled over the past eighteen months. The home has been updated and designed to serve as an enjoyable year-round second residence for the Kryztofaks and their two teenage children. Custom features abound; from the coffered ceilings, solid marble shower walls and walnut kitchen countertops, to the numerous built-ins and custom finishes everywhere, this home is full of style. Professionally designed and furnished by Julie Sweeney, ASID of Coastal Haven Design and Steven Hardesty of Euclid Builders, anyone would love to be a houseguest here.

The goal was to make this a casual and comfortable home, yet tasteful and 'finished' throughout. The first floor exudes a classic, coastal look predominantly in a crisp navy and white, infused with pops of red. Mixed in with this are signature pieces that were hand-picked, some even repurposed and custom designed to make this home refreshingly unique.

Upstairs, it is clear the owners intend to fill this space with family and friends. The children's bunk room with crabs scurrying across the floor and the colorful guest rooms each overlooking the gorgeous waterview, have a personality and color palette of their own. Fabrics and finishes were selected with children and pets in mind, to keep pace with this family's active lifestyle. Outside, there are many places to enjoy, including the rebuilt, screened porch with custom woodburning fireplace and the newly resurfaced pool, all overlooking Plaindealing Creek.

Featured in the May/June Issue of Coastal Style Magazine, Heronwood embodies a new perspective on a classic style, while staying true to its Eastern Shore roots. This is a great opportunity to see this home firsthand and leave with some great design inspiration.

contemporary pieces with comfort at the forefront. Younger visitors gravitate to the beanbags in the lower level family room. Artwork throughout the house features both local artists and modern masters.



Timberlane Farm **25758 Timberlane Farm Drive, Easton**

Owned and presented by
Stewart and Sandra Bainum

c. 1937

Timberlane Farm, situated on the shores of Leeds Creek, is an exceptionally fine example of Georgian Revival architecture. The owners have completed extensive interior remodeling and renovation to this elegantly proportioned and detailed classic home, which was built in 1937 and based on a symmetrical five-part plan.

The owners engaged Wayne Good Architecture and Winchester Construction for the renovations. A new kitchen with custom cabinets, a unique kitchen dresser, and a hand crafted pot rack was created from the original small kitchen and servant's quarters. The attic was transformed into two guest quarters with a new private stairway. Two conservatories, added to opposite ends of the house in the 1970's, afford extraordinary views of Leeds Creek; one is used as a breakfast room, the other an office. All of the downstairs living spaces afford excellent views of Leeds Creek and boast high ceilings, classical moldings and trims, interesting works of art, and unique furnishings.

The swimming pool complex, approached from the house through an allée of crepe myrtle trees, is evocative of the original Greek Revival architecture; with all mechanical facilities hidden underground to give a 360-degree openness to the landscaping.

The approach to the home is a tree-lined driveway, surrounded by over forty acres of manicured lawn. The professional staff carefully tends many old and specimen trees and shrubs. During the spring and summer thousands of annual and perennial flowers bloom. A tennis court, baseball field, croquet court, and barn complete the setting.

It's a Wonderful Life

2015 Festival of Trees

The Gold Ballroom of The Historic Tidewater Inn

Saturday, November 28 10am to 8pm
Sunday, November 29 11am to 8pm
Monday, November 30 10am to 8pm
Tuesday, December 1 10am to 6pm



Admission to the Gold Ballroom

\$5 for adults, \$4 for seniors 62 and older
\$1 for children under 12,
free for children under one.

Since 1986 Friends of Hospice has carried out its mission to raise funds for Talbot Hospice by presenting the annual Festival of Trees. This event continues to be immensely successful and is made possible through the work of hundreds of volunteers. The Festival annually assists the operating budget for Talbot Hospice which benefits terminally ill patients and families in Talbot County facing life limiting illness.

Talbot Hospice

County for people facing end-of-life illness, loss and grief. We provide full service hospice care in homes, nursing facilities and at the Hospice House on Cynwood Drive in Easton. Talbot Hospice offers hope, compassionate support and services to all members of our community without regard for ability to pay. Programs include Pediatric Care, Pathways, bereavement and spiritual counseling, community education and trained volunteers. Services are offered to individuals, caregivers, families and friends. Talbot Hospice focuses on the quality of life and celebrating life each day.

For more information & tickets:

(410) 819-3378 (FEST)

On-line tickets at www.festival-of-trees.org

Like us on Facebook at Festival of Trees Talbot County

2015 Festival Activities

Drag Race Great guys race in high heels at the Harrison Street "Race Track" to raise money for the Festival of Trees! **Sunday, August 30, 2-4pm.**

***Festival Fashion Show** Runway style presentation of beautiful fashions and accessories from local boutiques. Cocktails at 6pm. Dinner at 6:30pm, Fashion Show at 7pm. Auction & Chinese Raffle. Tickets are \$60 in advance and online, \$70 at the door. Guarantee a table (of 8) for \$480. Cash bar. The Milestone Event Center on Technology Drive in Easton. Seating is limited. **Friday, October 16, 6pm.**

Dinner at the Crab Claw All proceeds from your dinner at the Crab Claw in St. Michaels will benefit the Festival of Trees and Talbot Hospice. Call 410-745-2900 to make a reservation. **Tuesday, November 3, 5pm - 9pm.**

Run/Walk for Hospice Join the YMCA of the Chesapeake and Talbot Hospice for the 14th Annual Run for Hospice. Strollers/wagons welcome, "Sleepwalker" category. All registration fees benefit YMCA Camp Lazy Days and The Festival of Trees. Visit www.active.com for online registration. YMCA members must call their YMCA to obtain the member discount code before registering on-line with Active. Event day registration fee is additional \$5. Sorry, no exceptions! Contact Derek White, Easton Family YMCA Executive Director for more information. Children 5 & under Free, Children 6-12-Members \$15, Non-Members \$20, Ages 13 & up-Non-Members \$25, Non-Members \$30. **Friday, November 27, 10K begins at 10am; 5K begins at 10:05am.**

***Preview Party** The Festival of Trees begins on Friday with a celebratory party in the Gold Ballroom of The Tidewater Inn, cocktail reception with hors d'oeuvres, music, special raffles. Tickets are \$50 per person and include open bar from 6 to 7pm and lite-fare buffet. Cash bar available after 7pm. **Friday, November 27, 6 to 8pm.**

***Homes Tour** On this self-guided driving tour, you will visit unique and beautifully decorated homes in Talbot County. Requests for tickets by mail (\$30) must be received by Nov. 20. Advance in-person tickets (\$30) are available until Nov. 24 at Talbot Hospice House, and at The Tidewater Inn Gold Ballroom from Nov. 23 to Nov. 25, and Nov. 27 until noon. Day-of tickets (\$35) are available only at The Tidewater Inn Gold Ballroom. Tickets are also available for purchase online at www.festival-of-trees.org. **Saturday, November 28 and Sunday, November 29, 10am to 4pm.**

Candy Cane Lane Crafts, games, food, visits with Santa, and other fun activities. Easton Elementary School (Morton). Admission: Children \$5, includes lunch. Adults Free. **Saturday, November 28, 10am to 2pm.**

***Mother Son Dance** Waterfowl Building on Harrison Street, Easton, silent auction items, photo booth, light refreshments and dancing. Music by DJ Tim Burns. \$30 for Mothers; \$10 for each Son. **Saturday, November 28, 6 to 8pm.**

***Daddy Daughter Dance** Elk's Lodge Easton, American Girl Doll raffle, gift shop for daughters to shop for Christmas gifts. Light refreshments and dancing. Music by DJ Eric Higgins. \$30 for Daddies; \$10 for each Daughter. **Saturday, November 28, 6 to 8pm.**

The Christmas Elves Shop This is a perfect place to start your holiday shopping. The Shop is located at The Tidewater Inn Gold Ballroom. Open during Festival hours.

*Advanced purchase required

For ticketing and information: www.festival-of-trees.org



I want to support the
2015 Festival of Trees
to benefit Talbot Hospice

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Day Phone: _____ Evening: _____

Email: _____

Name or business as you would like it listed in the Festival program: _____

Please return this form with your check to:

Friends of Hospice, P.O. Box 2052, Easton, Maryland 21601

Sponsorship

- ☐ Festival Angel: \$5,000 and above ☐ Special Elf: \$500
☐ Festival Star: \$2,500 ☐ Special Reindeer: \$300
☐ Festival Santa: \$1,000 ☐ Other \$ _____

Tickets

- ☐ Fashion Show (\$60pp) # attending _____
☐ Preview Party (\$50pp) # attending _____
☐ Homes Tour (\$30pp), orders rec'd. by Nov. 20... # Saturday _____
☐ Homes Tour (\$30pp), orders rec'd. by Nov. 20... # Sunday _____
☐ Candy Cane Lane (\$5 per child) # attending _____
☐ Mother Son Dance (\$30/\$10) # attending _____
☐ Daddy Daughter Dance (\$30/\$10) # attending _____
☐ 2015 Framed Festival Artwork Raffle (\$10) # tickets _____
☐ Westphal Jewelry Raffle (\$100) # tickets _____
☐ Special Raffle (\$10) # tickets _____

Poinsettias

- ☐ Poinsettias at \$25 each. Number of plants
(Orders must be received by November 13)
☐ List my plant(s) in memory of: _____

☐ List my plant(s) in honor of: _____

☐ I wish to donate my plant(s) to Talbot Hospice House. _____

TOTAL ENCLOSED: \$ _____

Thank You

Dear Friends,



I am so excited to attend all the Festival of Trees events this year! Last year, during this time, I was visiting Easton and witnessed signs all over town in support of Festival of Trees. I have never experienced such overwhelming community support for a hospice before. Naturally curious, I started to ask questions of local residents and vendors about this special event. I heard so many positive stories and comments. To top it off, I couldn't believe the financial support

the Friends of Hospice have provided to Talbot Hospice Foundation—over \$2.5 million since 1985.

Since my arrival nine months ago, I have had the good fortune to meet many people associated with the Festival of Trees through the years. What I find so energizing is the dedication, spirit and support for this annual event on behalf of hospice. The can-do attitude of this year's Festival of Trees co-chairs and committee is extraordinary and invigorating. Talbot Hospice is truly blessed to have such a committed group of women and men to raise money and support the hospice mission established in this community 35 years ago.

In August, at the Drag Race, I experienced first-hand the level of commitment by this community to raise money for the Festival of Trees—an amazing \$71,000. The excitement and energy for this year's Festival of Trees is exhilarating and infectious.

I can hardly wait to be a part of the events scheduled over the next couple of months! What a fabulous way for us to usher in the joy and spirit of the holiday season. On behalf of the patients and the families we serve at Talbot Hospice, a special thank you for your continued commitment to and generous support of the Festival of Trees.

In hospice service,

A handwritten signature in blue ink that reads "Mary Ellen Shea".

Mary Ellen Shea, M.S.
Executive Director



Volunteer Training

The fall session of volunteer training has been scheduled on the following dates at 5:30 each evening with the exception of the first session.

Monday, October 12 (5–9 p.m.)

Wednesday, October 14

Monday, October 19

Wednesday, October 21

Monday, October 26

Topics covered include:

- Hospice purpose & philosophy
- Admission criteria
- Volunteer roles
- HIPAA & confidentiality
- Attitudes and fears
- Death & dying
- Spirituality
- Listening skills and boundaries
- Family dynamics
- Cultural diversity
- Grief
- Hands on training, standard precautions

Volunteer training is offered two times per year, once in the spring and again in the fall. For more information, please contact Lori Lantz, Director of Volunteer Services at 410-822-6681 or llantz@talbothospice.org.





Talbot Hospice Announces *Grief Support Group* for Those Losing Someone to Substance Abuse and Addiction

Talbot Hospice, through the generous support of Mariah's Mission Fund of the Mid-Shore Community Foundation, will begin offering a grief support group, "Together...Silent No More," for those who have lost a loved one due to substance abuse and addiction. The open monthly meetings begin on October 14, the second Wednesday of the month, and will be held from 6 to 7:30 p.m. at the Clark Guthrie Center at Talbot Hospice, 586 Cynwood Drive in Easton. All the meetings are free and open to all residents of the Mid Shore. Subsequent meetings of the group will be held on November 11 and December 9.

Pictured left to right are **Norma Trax**, LCSW-C, clinical social worker and facilitator with Talbot Hospice; **Valerie Albee**, founder of Mariah's Mission Fund; and **Shelly Kulp**, LGSW, Bereavement Coordinator and Co-Facilitator for Talbot Hospice. Talbot Hospice, through the generous support of Mariah's Mission Fund of the Mid-Shore Community Foundation, will begin offering a grief support group, "Together...Silent No More," on October 14 for those who have lost a loved one due to substance abuse and addiction.

According to Norma Trax, LCSW-C, clinical social worker and group facilitator with Talbot Hospice,

"We have been noticing that families and loved ones affected by substance abuse and addiction deaths have little, if any, support—they don't know how to access it." She adds, "It's very difficult to step out because of the stigma around this issue."

Valerie Albee of Easton, who lost her daughter Mariah to a heroin addiction, understands the desperate need for support. For Valerie and her husband Rick, who were living in Severna Park at the time, the effects were devastating. Their only child was gone. Valerie turned to grief counseling to try and deal with her loss and eventually found solace in a bereavement group of parents in Pasadena. The members were like her, having lost children to substance abuse. She recalls, "I wouldn't be alive today without their counseling help."

After moving to Easton to continue her recovery from Mariah's death, she was encouraged by her new group of friends to establish a fund that could support a similar bereavement group on the Eastern Shore. Valerie approached the Mid-Shore Community Foundation and established Mariah's Mission Fund to honor her daughter, Mariah. The mission of the Fund is to provide resources for worthy organizations that support families who have lost loved ones to drugs and/or alcohol. Valerie adds, "We will use our struggles and experiences to empower the community through awareness and education."

After establishing the Fund and holding a successful fundraiser, Valerie then approached Talbot Hospice about supporting them to establish a local bereavement group. Mariah's Mission Fund will help pay for the facilitators, printed materials and promotion of the new group.

Shelly Kulp, LGSW, Bereavement Coordinator and Co-Facilitator for Talbot Hospice, comments, "It's a privilege to be working with Val and to take her vision forward. Her passion for this issue is inspiring."

Part of the bereavement process is to look at the guilt involved with a death.

This is particularly true with substance abuse deaths. The Talbot Hospice Chaplain has done a number of memorial services for individuals who have died from substance abuse in the community.

Kulp comments, "A death due to substance abuse or addiction is often one of the most difficult deaths to experience as it often happens suddenly. As parents experiencing this type of death, we often ask ourselves what we could have done to prevent it."

Trax adds, "The bereavement group enables people to share their challenges with people with similar experiences so that they will know they are not alone. They can address the stigma in a safe and confidential place. The experience changes as we are able to talk about it. It loses power over us once we can articulate it."

"We are hopeful to have an impact in addressing the grief and suffering around this issue in the community," concludes Kulp.

In addition to this new bereavement group, Talbot Hospice offers grief support groups for adults in the fall and spring of each year that focus on the loss of a spouse or a child. Groups providing grief support for children are established as needed in conjunction with area guidance counselors, and Talbot Hospice offers a summer day camp each year for children grieving on the Mid Shore. There are also special bereavement groups during the holidays and for caregivers. Individuals may also contact Talbot Hospice and seek support individually. Talbot Hospice bereavement groups are open to anyone on the Mid Shore regardless of whether or not the family was served by Talbot Hospice.

For further information or to register for Talbot Hospice's new grief support group, "Together...Silent No More," contact Shelly Kulp at Talbot Hospice at 410-822-6681. For further information about other offerings by Talbot Hospice, visit talbothospice.org or call 410-822-6681.

Bereavement and Caregiver Support Groups

All bereavement and caregiver support groups are open to anyone in the community without charge, regardless of whether or not your loved one is/was served by Talbot Hospice.

Groups meet at Talbot Hospice, 586 Cynwood Drive, in the Clark-Guthrie Center. For additional information, contact Shelly Kulp at 410-822-6681 ext. 16 or skulp@talbothospice.org.



Grief Support

Two six-week sessions of group grief support will be offered this fall.

Thursday evenings 5–7 p.m., September 10–October 22
No class on October 15.

Wednesday afternoons 1–3 p.m., October 14–November 18

Caregivers Support

There is an ongoing support group for caregivers that meets weekly on Thursday afternoons from 1–2:15 p.m. Caregivers share ideas and find solutions to the challenging issues of caring for a loved one. Confidentiality highly respected.

Together...Silent No More

Talbot Hospice, together with Mariah's Mission, will be offering an ongoing monthly grief support group for those in the community grieving the loss of a loved one due to substance abuse. The group will meet on the 2nd Wednesday of the month beginning October 14, 6–7:30 p.m.



Guthrie Society *Appreciation Party* at Harleigh

Hosted by Chip
and Sally Akridge
September 18.

left to right:
Michael Tooke, MD,
TH Medical Director;
Susan Piggott, TH Board
President; Chip Akridge;
Mary Ellen Shea,
Executive Director; and
Sally Akridge



Doris Malesardi and Al Smith



Above:
Joan Cox and Susan Haddaway

Left:
Jamie Merida, Mary Van Fossan,
Steve and Gigi Hershey and
Bobby Van Fossan